

christian
DANCE ALLIANCE
PREPARATORY DIVISION – LEVELS & REQUIREMENTS

PREPARATORY DIVISION – SUMMER LEVELS & REQUIREMENTS

Level 1 – Total 1.5 hrs per week

Strongly Recommended: 1 ballet/jazz duo (1.5 hrs) per week

OFFERED:

Tuesdays 4:00-5:30 PM LEVEL 1 BALLET/JAZZ DUO

Level 2 – Total 2.0 min, 4.0 max hrs per week

Strongly Recommended: 1 jazz (1.0 hrs) per week AND 1 ballet (1.0 hrs) per week

OFFERED:

CHOOSE: Tuesdays 5:30-6:30 PM LEVEL 2 JAZZ AND Tuesdays 6:30-7:30 PM LEVEL 2 BALLET

OR CHOOSE: Thursdays 5:30-6:30 PM LEVEL 2 JAZZ AND Thursdays 6:30-7:30 PM LEVEL 2 BALLET

OPTIONAL:

CHOOSE BOTH DAYS

OR CHOOSE BALLET ONE DAY AND JAZZ THE OTHER DAY (if less hours per day are preferred)

Level 3 – Total 3.0 min, 6.0 max hrs per week

Strongly Recommended:

1 ballet (1.25 hrs) AND 1 jazz, contemporary, or modern (1.25 hrs) AND 1 conditioning (0.5 hrs) per week

OFFERED:

CHOOSE: Tuesdays 5:30-8:30 PM LEVEL 3 CONDITIONING, BALLET & CONTEMPORARY w/WORSHIP

OR CHOOSE: Wednesdays 8:30-11:30 AM LEVEL 3 BALLET & JAZZ w/WORSHIP

OR CHOOSE: Thursdays 5:30-8:30 PM LEVEL 3 CONDITIONING, BALLET & MODERN w/WORSHIP

OPTIONAL:

CHOOSE 2 DAYS

OR ADD Saturdays 9:00-10:30 LEVEL 3 ROTATING CLASS

Level 4/5/6 – Total 5.5 min, 9.0 max hrs per week

Strongly Recommended:

2 ballet class (1.25 hrs) AND 2 jazz, contemporary, or modern (1.25 hrs) AND 1 conditioning (0.5 hrs) per week

OFFERED:

CHOOSE 2: Tuesdays 5:30-8:30 PM LEVEL 4/5/6 CONDITIONING, BALLET & CONTEMPORARY w/WORSHIP

OR: Wednesdays 8:30-11:30 LEVEL 4/5/6 CONDITIONING, BALLET & JAZZ w/WORSHIP

OR: Thursdays 5:30-8:30 PM LEVEL 4/5/6 CONDITIONING, BALLET & MODERN w/WORSHIP

OPTIONAL:

CHOOSE ALL 3 DAYS

ADD Saturdays 9:00-10:30 LEVEL 3 ROTATING CLASS

***For pointe dancers, 1 class per week will be en pointe. This class will be assigned after registration based on enrollment. To take pointe in the summer, you must be consistently attending 2 days of classes. If you miss classes, you should attend makeup classes. If you are not consistently attending 2 days of classes, you will be asked to only do pointe at the barre or to not do pointe until attendance is consistent.*